

Essex Men's Super-League

THE COMPLETE TEAM WINNERS HISTORY

1975 to 2025

| Team | League Winners (Premier & A) | League Winners (1st & B) | Knockout Cup Winners | Team Fours Winners | Team Tons | Team Maximums | Del Lewis Memorial | 1-6-12 | Darren Lusher Memorial | Rab Scott Memorial | Total Titles |
|--------------------|---------------------------------|-----------------------------|-------------------------|-----------------------|-----------|------------------|-----------------------|--------|---------------------------|-----------------------|--------------|
| Thameside | 17 | | 7 | 9 | 11 | 11 | 2 | 9 | | | 66 |
| Collier Row | 4 | | 4 | 3 | 5 | 5 | 3 | 3 | | 1 | 28 |
| Southend | 4 | | 3 | 3 | 2 | 7 | 2 | 2 | 1 | | 24 |
| Springfield | 3 | | 1 | 2 | 5 | | 1 | 5 | | | 17 |
| Hockley Cavaliers | 4 | | 3 | 1 | 5 | 2 | | 1 | | | 16 |
| Brightlingsea | 2 | 1 | 2 | 1 | 1 | 1 | | 4 | | 2 | 14 |
| Colchester | | | 5 | 3 | | 1 | 1 | 2 | 1 | | 13 |
| Chelmsford | | 1 | 2 | 3 | 1 | | 2 | 2 | 1 | | 12 |
| Clacton | 4 | | 1 | 3 | 2 | 2 | | | | | 12 |
| Basildon | | 3 | 2 | 1 | | | | 2 | 2 | | 10 |
| Kelvedon | | 1 | 1 | 1 | | | 2 | 1 | | | 6 |
| Riverside | | | 1 | 1 | | 1 | 3 | | | | 6 |
| Brentwood | | | | 1 | 1 | | 3 | | | | 5 |
| Rayleigh Rascals | | | | 1 | | | 1 | | 2 | 1 | 5 |
| Prittlewell | 1 | | 1 | 1 | 1 | | | | | | 4 |
| Rayleigh | | 2 | 1 | | | | | | 1 | | 4 |
| Rush Green | | | 2 | | | 2 | | | | | 4 |
| Southend West | | 1 | 1 | 2 | | | | | | | 4 |
| Barking | 3 | | | | | | | | | | 3 |
| Harwich | | | 1 | 1 | | 1 | | | | | 3 |
| Hatfield Peverel | | 1 | | | | 1 | 1 | | | | 3 |
| Ilford A | | | 1 | 1 | | 1 | | | | | 3 |
| Rayleigh Cavaliers | | | 1 | | | 1 | | 1 | | | 3 |
| Aveley | | 1 | | | | 1 | | | | | 2 |
| Canvey Starr | | 1 | | | | | | 1 | | | 2 |
| Colchester Town | | | | | | | | 2 | | | 2 |
| Cressing | 1 | | | | | | 1 | | | | 2 |
| Hainault | | | 1 | 1 | | | | | | | 2 |
| Harlow Hearts | 2 | | | | | | | | | | 2 |
| Rainham | 1 | | | | | 1 | | | | | 2 |
| Romford | | | 1 | | 1 | | | | | | 2 |
| Walton | | 1 | | | | | | 1 | | | 2 |
| Basildon Q-Ball | | 1 | | | | | | | | | 1 |

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| Bowers & Burstead | | | | | 1 | | | | | | 1 |
| Braintree | | | 1 | | | | | | | | 1 |
| Braintree Sportsman | 1 | | | | | | | | | | 1 |
| Clacton Coastal | | | | 1 | | | | | | | 1 |
| Clacton Railway | | | | | | | | 1 | | | 1 |
| Colchester Griffins | 1 | | | | | | | | | | 1 |
| Colchester Riley's | | | | | | | | | 1 | | 1 |
| Cressing Templars | | 1 | | | | | | | | | 1 |
| Dagenham | | 1 | | | | | | | | | 1 |
| Gidea Park Drill | | | | | 1 | | | | | | 1 |
| Goodmayes | | 1 | | | | | | | | | 1 |
| Harlow | | | | 1 | | | | | | | 1 |
| Harlow Sharks | 1 | | | | | | | | | | 1 |
| Ingatestone | | | | | | | 1 | | | | 1 |
| Maldon | | 1 | | | | | | | | | 1 |
| Maldon & Burnham | | | 1 | | | | | | | | 1 |
| Notley Templars | | | | | | | | | 1 | | 1 |
| Shotgate | | | | 1 | | | | | | | 1 |
| Thorpe | | | | | | | | | 1 | | 1 |
| Thurrock | | | | | | | | 1 | | | 1 |
| Tilbury | | | | | | 1 | | | | | 1 |
| Tiptree | | | 1 | | | | | | | | 1 |
| White Notley | | | | 1 | | | | | | | 1 |
| Witham | | | | | | | | | 1 | | 1 |
| Woodford | | | | | 1 | | | | | | 1 |